

Keeping Patients Engaged During COVID-19

Bipolar Disorder and Schizophrenia

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- Maintain a regular schedule



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- ...but don't forget to be flexible



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- Maintain a regular schedule...
- ...but don't forget to be flexible
 - Switch appointment times to accommodate changing needs
 - Shift from face-to-face to telehealth or phone consultation

Examples: Telehealth Apps During COVID-19

HIPAA

Compliant / Will Complete BAA*

- Skype for Business / MS Teams
- Updox
- VSee
- Zoom for Healthcare
- Doxy.me
- Google G Suite Hangouts Meet
- Cisco Webex Meetings / Webex Teams
- Amazon Chime
- GoToMeeting
- Spruce Health Care Messenger

Compliance / BAA Unknown†

- Slack
- Doximity
- Zoom
- Apple FaceTime
- Facebook Messenger video chats
- Google Hangouts
- Skype

* Business Associate Agreements; Adapted from: HHS.gov. Available at: <https://www.hhs.gov/hipaa/for-professionals/special-topics/emergency-preparedness/notification-enforcement-discretion-telehealth/index.html>. Accessed June 5, 2020.

† Adapted from: AAFP.org. Available at: <https://www.aafp.org/patient-care/emergency/2019-coronavirus/telehealth.html>. Accessed June 6, 2020.

Long-Acting Injectable Antipsychotics

Dosing Schedules

Drug	Dosing Schedule
Aripiprazole monohydrate (Abilify Maintena)	Once q 4 weeks
Aripiprazole lauroxil (Aristada)	Once q 4 weeks; q 6 weeks; q 8 weeks
Fluphenazine decanoate (Prolixin)	Once q 2 weeks
Haloperidol decanoate (Haldol)	Once q 4 weeks
Olanzapine pamoate (Zyprexa Relprevv)	Once q 2 weeks or q 4 weeks
Paliperidone palmitate (Invega Sustenna)	Once q 4 weeks
Paliperidone palmitate (Invega Trinza)	Once q 3 months following 4 months on monthly paliperidone palmitate
Risperidone (Risperdal Consta)	Once q 2 weeks
Risperidone subcutaneous injection (Perseris)	Once q 4 weeks

Protecting Patients and Staff During In-Patient Visits During COVID-19

- Inquire if the patient has been feeling ill, has a dry cough, or has a fever
- Request that patient take their temperature before leaving home; transition to telehealth if running a fever
- Arrange office seating to encourage physical distancing
- Schedule appointments at intervals to avoid crowding in the waiting room
- Provide hand sanitizer in all patient areas
- Establish clearly defined rules
 - Require a mask – this includes staff and patients
 - Do not shake hands or hug
- Publish your policies on your website; post notices throughout the office

Adapted from APAServices.com. Available at: <https://www.apaservices.org/practice/news/in-person-services-covid-19>. Accessed June 5, 2020.

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